

Centre Number						Candidate Number				
Surname										
Other Names										
Candidate Signature										



General Certificate of Secondary Education
Specimen Paper

Home Economics: Child Development

XXXX

Date: Time

**You will need no other materials.
You may use a calculator.**

Time allowed:

- 1 hour and 30 minutes

Instructions

- Use a blue or black ink or ball-point pen.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- Answer the questions in the spaces provided.
- If there is not enough space for your answer(s), use the extra page(s) at the end of this book. If you do this, make sure that you show the numbers(s) of the question(s) you are answering.

Information

- The maximum mark for this paper is 100.
- The marks for questions are shown in brackets.
- You are reminded of the need for good English and clear presentation in your answers. Quality of Written Communication will be assessed in answers written in continuous prose.

For Examiner's Use	
Examiner's Initials	
Question	Mark
1	
2	
3	
4	
5	
6	
TOTAL	

XXXX

Answer **all** questions in the spaces provided.

1 (a) Describe **three** ways in which having a baby might change the parents' lifestyle.

- 1.....
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- 2.....
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- 3.....
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(3 marks)

(b) Name **three** pieces of equipment essential for a newborn baby.

- 1.....
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- 2.....
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- 3.....
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(3 marks)

(c) Suggest **three** factors to consider when buying large pieces of equipment for a baby.

- 1.....
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- 2.....
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- 3.....
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(3 marks)



(d) Many parents who work choose to send their children to a nursery.



Suggest **four** points a parent should consider when choosing a nursery for their child.

- 1.....
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- 2.....
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- 3.....
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- 4.....
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(4 marks)

(e) More grandparents are being asked to help with childcare.
Give **three** advantages of using grandparents as a childcare option.

- 1.....
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- 2.....
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- 3.....
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(3 marks)



- (f) Nurseries and childminders have to follow the Foundation Curriculum.
What is the Foundation Curriculum?

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(1 mark)

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2 (a) What is the difference between pre-conceptual care and antenatal care?

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(1 mark)

(b) Explain how and why pre-conceptual care is important when planning a baby.

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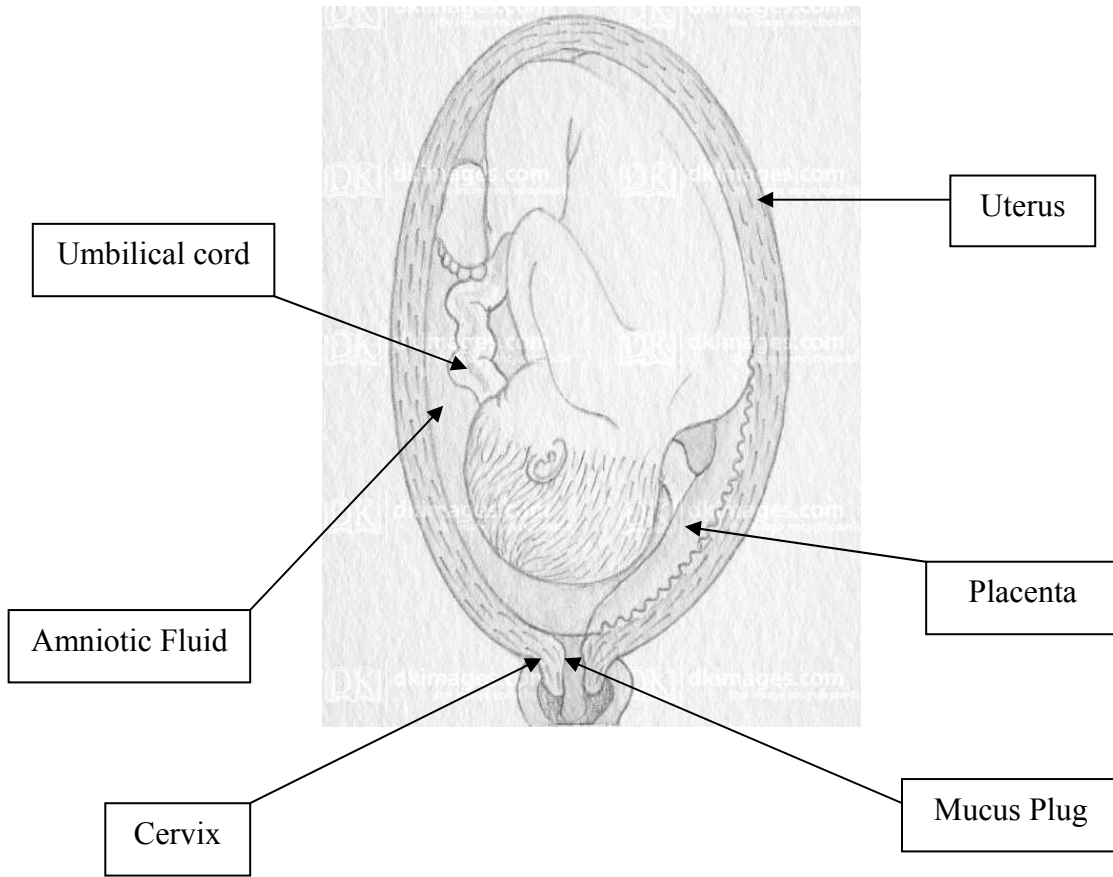
(6 marks)



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(c) The diagram below shows an unborn baby and the baby's support system.



Describe how the different parts of the baby's support system can protect the baby and help it to grow and develop.

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(6 marks)



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(d) Name **two** different types of drug-free pain relief.

1.....

2.....

(2 marks)

(e) Suggest **three** ways a birth partner can help during labour.

1.....

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2.....

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(3 marks)

3 (a) What is a premature or pre-term baby?



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(1 mark)



(b) Premature babies need special care.

Explain why this might be needed.

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(4 marks)

(c) Describe **three** ways that having a premature baby might affect the parents and family?

1.....
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2.....
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3.....
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(3 marks)

(d) New babies cry to let parents/carers know that there is something wrong.



Suggest **four** reasons why a baby might cry.

Reason 1
Reason 3



Reason 2
Reason 4

(4 marks)

(e) Babies and young children are often given a dummy as a comforter.
Give **two** advantages of using a dummy as a comforter.

1.....
.....
2.....
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(2 marks)



4 (a) The following are all developmental milestones.

Uses thumb and first finger to pick up small objects	
Is still shy with strangers	Can pedal a tricycle
Uses telegraphic sentences	Begins to play with others
Learns first words	Can build a tower of three blocks
Can 'cruise' along furniture	

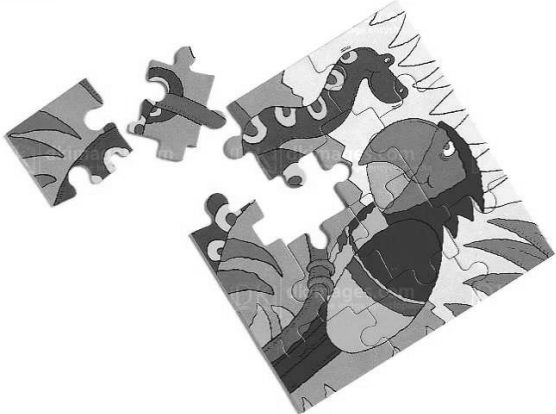
List the **four** developmental milestones that a 12 month old child would be expected to have achieved.

- 1.....
- 2.....
- 3.....
- 4.....

(4 marks)

(b) Toys are important in helping to encourage different kinds of development.

Suggest how the following kinds of toys could encourage a child's development.

Toy	Type of development
	(i).....

(3 marks)





(ii).....

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(3 marks)

(c) Give **three** reasons why the clothing the boy is wearing is suitable for playing outdoors.



1.....
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2.....
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3.....
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(3 marks)



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- (d) Equipment can be bought to make a home safer.
For each of the following areas suggest **one** item that could be bought.
Explain how it might help to prevent accidents.

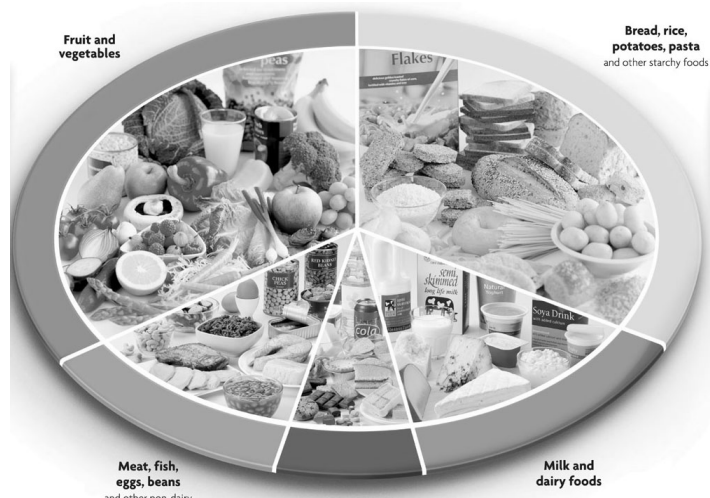
The first has been done for you.

Area of house	Safety item	How it prevents accidents
Stairs	Safety gate	Prevents children from climbing and falling.
Kitchen		
Bathroom		
Living room		

(6 marks)



5 The picture below shows the 'Eatwell' Plate



(a) How can this be used to help parents/carers to plan healthy meals for children?

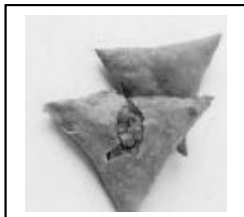
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(2 marks)

(b) Study the following packed lunch carefully:



Vegetable samosa



Can of fizzy orange



Packet of crisps



Butterfly cake



Chocolate mousse



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Explain how and why this packed lunch might not be a healthy option for a four year old child.

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(6 marks)

(c) Name the following childhood diseases

Description	Name
A fever, dislike of bright light and a rash that will not disappear when pressed.	
Painful swelling near the jaw on one or both sides.	
A fever, cough and runny nose followed five days later with a rash which spreads quickly.	
Small red spots that turn to blisters	

(4 marks)

(d) Most of these diseases can be immunised against.

Explain how immunisation helps to protect against disease.

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(3 marks)



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(e) Describe **three** situations when a parent should call for a doctor or take a child to hospital.

- 1.....
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- 2.....
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- 3.....
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(3 marks)

18



6 (a) What is the difference between spontaneous and structured play?

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(2 marks)

(b) Play is what children do naturally.



Current research suggests that children in the 21st century do not get enough opportunities for spontaneous outdoor play. This is resulting in ‘play malnourishment’.

Discuss **why** this might be happening and **how** it could affect development and health.

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(12 marks)

END OF QUESTIONS

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